

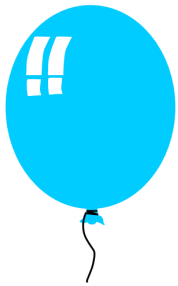
Come Out of Hiding

"Today the heart of God is an open wound of love. He aches over our distance and preoccupation. He mourns that we do not draw near to him. He grieves that we have forgotten him. He weeps over our obsession with muchness and manyness. He longs for our presence." Richard Foster

'The LORD said, "Go out and stand on the mountain in the presence of the LORD, for the LORD is about to pass by." Then a great and powerful wind tore the mountains apart and shattered the rocks before the LORD, but the LORD was not in the wind. After the wind there was an earthquake, but the LORD was not in the earthquake. After the earthquake a fire came, but the LORD was not in the fire. And after the fire came a gentle whisper.'

-1 Kings 19

QUESTIONS TO PONDER



GET RID OF THE EDIT BUTTOM. No one is going to read this. You will throw it away afterwards. Maybe. But seriously, try this. Write out your answers. And when you have filled up as many answers as you want-take your **balloon** and blow all your cares into them- as a prayer to God. Then release the air- of cares to Him... because he cares for you.

1. What is frustrating me right now?

2. What am I angry about?

3. What am I scared of?

4. What am I dreading?

5. What am I anxious about?

6. What concerns me?

7. What is stressing me right now, the smallest thing that I don't want to write down because it seems so dumb but it actually is stressing me?

8. What am I looking forward to? (Today, tomorrow, this year?)
